

SUPPORTING UKRAINIAN FAMILIES

Includes:

Action lists, sample forms, advice and useful contacts for community leaders supporting Ukrainian families in their local area

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SUPPORT PACK FOR

COMMUNITY LEADERS

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MESSAGE FROM OUR CEO, PADRAIC FINGLETON

At the heart of every community in Donegal, community leaders and organisations support the most disadvantaged, marginalised and isolated members of society. The extent of Donegal's reliance on these individuals and organisations became abundantly clear during the Covid-19 pandemic.

They were the first groups to mobilise in the face of mounting food poverty and social isolation during the most challenging periods of lockdown. Thanks to their determined leadership, hundreds of vulnerable people in Donegal have been protected.

Now, communities are being called upon to support Ukrainian families fleeing the humanitarian crisis caused by Russia's invasion of Ukraine. Over 500 people, mostly women and children, have already arrived in Donegal. Indications are the number of people could rise to as high as 1,500 by May.

DLDC has created this document in order to support communities across Donegal as they welcome Ukrainians to their local area. We have also assigned staff and financial resources to support you over the weeks and months ahead.

Padraic Fingleton





Padraic Fingleton
CEO, DLDC

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IMMEDIATE NEEDS

While some Ukrainian families arriving in Donegal have the financial means to purchase essential items, others are reliant in the short-term on government income supports. It typically takes between 1-2 weeks for initial income support payments to be processed so you may need to support families with sourcing the following items:

Area	Items	Where to source
	<ul style="list-style-type: none"> • Calpol • Nurofen/Paracetamol • Thermometers • Face masks/hand sanitiser 	<ul style="list-style-type: none"> • Local pharmacy • Supermarket
	<ul style="list-style-type: none"> • Socks • Underwear • Shoes (if required) • Light jackets • T-shirts • School uniforms 	<ul style="list-style-type: none"> • Local charity shop • Department stores • Public appeal on Facebook
	<ul style="list-style-type: none"> • Shampoo/conditioner • Shower gel/soap • Toothbrush/toothpaste • T-shirts • Sanitary products • Nappies 	<ul style="list-style-type: none"> • Local pharmacy • Supermarket • Public appeal on Facebook
	<ul style="list-style-type: none"> • Phone chargers • Toys/creative items • Sterilisers • Buggies 	<ul style="list-style-type: none"> • Public appeal on Facebook

PRIORITY ACTIONS

The action list below is based on what we have learned to date supporting Ukrainian families in Letterkenny and Bundoran. If DLDC can support with any of the actions, please don't hesitate to contact us.



01. Gather information

- Contact information for the hotel/accommodation manager
- Details of families, incl. name, age, gender, needs
- We've provided a GDPR-compliant template for triaging needs (see page 6)



02. Build a support team

- Set up a voluntary leadership team within the refugee community (preferably people who speak both English and Ukrainian) to ensure key messages are reaching everyone
- Create a WhatsApp group for local volunteers to share information and ask for/offer support
- Contact your local DLDC Community Development Officer for advice and support



03. Link with local services

- Link in with the Community Nurse for medical triage, early years intervention, vaccinations, etc.
- Link in with the local doctor and dentist re: availability
- Link with local schools and childcare re: places for children
- Link in with the local social welfare office to ensure families in your area are in receipt of income support
- Some families will need bank accounts so link in with your local financial institutions, e.g. An Post
- Link with local community groups who may be able to provide activities for families, e.g. GAA, community centres
- Link in with Donegal ETB regarding English classes for adults

Date/дата:

Ukrainian Refugee – Questionnaire/
український біженець - анкета

I consent to my personal information being used for the purpose of providing supports to Ukrainian refugees living in Ireland.

Я даю згоду на використання моєї особистої інформації для підтримки українських біженців в Ірландії.

Name/ім'я:

Accommodation & room number/проживання та номер кімнати:

Telephone number/номер телефону:

Category of need/категорія потреби:

Category	Please tick <input checked="" type="checkbox"/>
Healthcare, e.g. medicine, doctor/охорона здоров'я	<input type="checkbox"/>
Education or school/освіти	<input type="checkbox"/>
Goods, e.g. clothing, toys, phone charger/товарів	<input type="checkbox"/>
Employment, e.g. job support/працевлаштування	<input type="checkbox"/>
Safety, e.g. child protection, police support/безпеки	<input type="checkbox"/>

Description of need/опис потреби:

Urgency of need/терміновість потреби:

1	2	3	4	5	6	7	8	9	10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Person dealing with this form:

If this request has been fulfilled, please put a circle around the DLDC logo at the top of the form to let colleagues know it requires no further action. Thank you.

HELPFUL LINKS

Latest advice and supports from the Government of Ireland:

www.gov.ie/ukraine

Healthcare services for Ukrainian nationals in Ireland:

www2.hse.ie/services/healthcare-in-ireland/ukrainian-refugees.html

Free counselling services for Ukrainians:

help-ukraine-ireland.notion.site/Free-Counseling-Services-for-Ukrainians-b7fe2d7aed344a8c9e9eff0b991edaf4

Setting up a bank account with An Post:

www.anpost.com/Ukraine-Current-Account-Support

Free pre-school and childcare available for Ukrainians:

www.donegalchildcare.com

Tusla Education Support Service (finding a primary/secondary school for children):

www.tusla.ie/tess/get-in-touch/#EWO

Apply for a Medical Card:

www.mymedicalcard.ie

CONTACT INFORMATION

Contact

SICAP Goal 1 Team,
Donegal Local Development Company,
1 Millennium Court,
Pearse Road,
Letterkenny,
Co. Donegal.

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The Social Inclusion and Community Activation Programme (SICAP) 2018-2022 is funded by the Irish Government through the Department of Rural and Community Development and co-funded by the European Social Fund under the Programme for Employability, Inclusion and Learning (PEIL) 2014-2020.

