



Trailhead	Bun na Mucaise (Foot of Muckish Mt.), Co. Donegal
Services	Creelough (8km), Dunfanaghy (12km), Co. Donegal
Dist/Time	4km / 1hr – 1hr 30mins
Ascent	100m
Difficulty	Easy
Terrain	Minor roads, rough bog roads, old railway line
To Suit	Average levels of fitness
Start/Finish Point	Bun na Mucaise Trailhead, Carrownamaddy, Dunfanaghy
Minimum Gear	Trekking shoes, raingear, fluid, mobile phone
Map/Grid Ref	OSI Discovery series Sheet 2 / C 009 309

Directions to Trailhead

The town of Dunfanaghy is situated on the N56 in North Donegal. From Dunfanaghy follow the N56 in the direction of Creelough. After approx 4km pass the entrance to Ards Forest Park on your left. Shortly afterwards pass a sign for Derryharriff on your right, then a sign for Ards Friary on your left before reaching a large cemetery on your left. Take the right turn here, signposted Derryharriff. Follow this minor road for ca. 4km to reach a sharp right bend where a narrow roadway continues straight. Take the narrow road, cross a cattle grid, and reach the trailhead and a small informal car park on your left after ca. 1km on your left.

Walk Direction

A-B. Leaving the trailhead **turn right** and follow the green (and blue and purple) arrows along the road. The blue arrows are for the Loch na Boll Loop, the purple arrows for the Loch Achair Loop- both are longer. After **1km** you cross a cattle grid and a 3-way junction where you **continue straight**. After only 50m cross Stranamagh Bridge and 30m later watch for a stile on your right - **turn right** and **cross the stile**.

B-C. Follow the green, blue, and purple arrows as they take you along the old bog road to join the disused railway line where you **turn right**. Continue to follow the old railway line as it takes you back toward the trailhead again - just before you reach it, **take a sharp left** onto an old bog road. Now follow the blue (and purple) arrows as this bog road ascends very gently to give you a close-up view of Lough na Boll. The loop **swings right**, leaving the bog road and skirting the lake on its northern shore for **ca. 200m** before **swinging right again** and taking you back to join a surfaced road. Here, the longer Loch Achair Loop turns left, but you **turn right**.

C-A. Enjoy the last 300m back to the trailhead



For more Donegal walking trails please see: www.irishtrails.ie - www.discoverireland.ie/walking
www.coillte.ie - www.dldc.org/recreation



DONEGAL LOCAL DEVELOPMENT CIG
FORBART AIFÉIL: DÚN NA NGÁLE



Bialtas na hÉireann
Government of Ireland
Funded by the Department of Rural and Community Development



Rural
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In case of emergency call 999 or 112 and ask for Mountain Rescue

For comments and suggestions about the trail please contact:
Gerard Duffy, Muckish Area Development Group, phone 087 6109331 or
Inga Bock, Rural Recreation Officer, ibock@dldc.org - phone 087 9318077



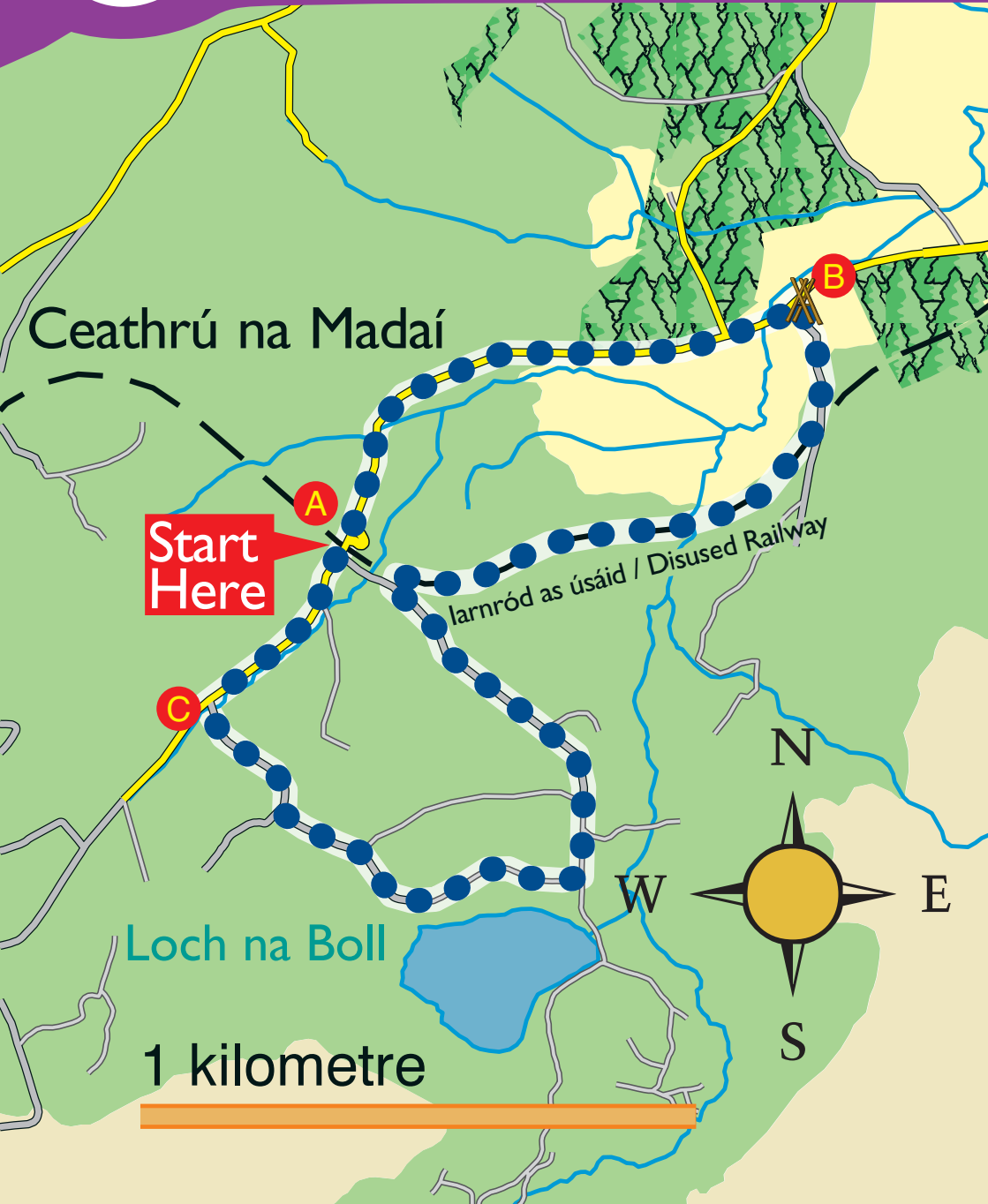
Trailhead 153

Loop 153B

Lúb Loch na Boll

4km, Easy
Minor roads, Bog roads, Old railway

- A - Trailhead
- B - Bogroad start/ Stile
- C - 3-way junction



Ceathrú na Madaí

Start Here

Iarnród as úsáid / Disused Railway

Loch na Boll

1 kilometre