

Lurgabrack Nature Walk

5.2km
Moderate
Forest, Sand dunes
& rough grazing

- A** Haggard Car park
- B** 2nd Gate (Track split)
- C** 3rd Gate (Beach)
- D** 4th Gate (Headland)
- E** 5th Gate (Top)

What3Words Location: callers.acorns.reminds

This **5.2km** long looped walk through the Lurgabrack Nature Reserve is a **moderate walk** requiring reasonable fitness, and should take no more than an hour and a half. Allow more time to take in the wonderful views and the unique flora and fauna along the trail. Don't miss the stunning Trá Mhór beach, but be aware that this beach is not safe for swimming. There are Horses grazing in the dunes, be mindful of the electric fence around the area. Dogs are allowed if on a leash.

To get to the car park; from the N56 through Dunfanaghy, take the Horn Head Road L3213 out of town. Cross the Horn Head bridge, and take the first left, to reach the car park on your left.

Walk Directions

To walk it clockwise, leave the Haggard car park **A** through the pedestrian gate follow the sandy path through the forest for ca. 320m to reach the second gate **B** where the track splits. You will return to this point on your way back. For now, **walk through the gate** and over the little stream, following the markers for ca. 1.5km as the trail rises and falls through the dunes revealing great views of the New Lake, Mt. Errigal and Muckish, as well as the offshore islands of Inishbofin, Inishdooney, Inishbeg and Tory island to reach reached the 3rd Gate **C**. **Walk through and turn right** if you're walking on, or go straight for Trá Mhór beach. The path now **climbs the dunes** keeping the fence on the right. As you reach the headland turn **right through the 4th Gate D**. Follow the path for ca. 1.5km away from the coast and through a valley before climbing again, skirting a few higher dunes on your right, to end up at the 5th Gate **E**. **Walk through the gate** and follow the path as it **swings right**, and descends into the forest to meet the stream. **Cross the stream** and follow the path for ca. 800m, keeping the stream on your right as the path falls gently away to leave you back at the 2nd Gate at **B**. **Turn left** here, and retrace your steps to the first gate at your starting point in the Haggard car park **A**.

