

Trailhead	Visitor Centre Lough Derg
Services	Pettigo Village/Termon Centre
Distance / Time	9.2 Km.
Difficulty	Moderate
Ascent	30 m
Terrain	Forestry Roads and Woodland Trails
To Suit	Moderate levels of fitness
Start/Finish Point	Visitor Centre, Lough Derg
Minimum Gear	Trekking Shoes, raingear and fluid
Theme	Lake Views, Scenic, Nature, Pilgrimage

THE PILGRIM WALK

The old pilgrimage road to Lough Derg follows in the footsteps of the medieval pilgrims — not to Station Island where pilgrims normally go today, but to the threshold of the larger Saints Island, which acted as its gateway several hundred years ago. (Ref: *Medieval Irish Pilgrim Paths, Lough Derg* by Peter Harbison)

Walk Directions:

A - B The walk starts at the visitor centre near the pier where boats bring pilgrims across to Station Island.. At about 1.15km, there is a wooden fingerpost pointing down to the right along a stepped path to St Brigid's Chair, a naturally weathered boulder of banded gneiss.

B - C A little further along the route, another sign on the left points to St Daveoc's Chair. Associated with a local hermit, the 'chair' is partially natural, but seems to have had one or two large blocks added to it, hinting that it may once have been a Bronze Age burial place.

C-D This is the point where the modern route joins the old pilgrimage road that would have brought the medieval pilgrims from Templecarne. At 1.75km, a fingerpost points down to St Brigid's Well, marked by a modern metal cross which is festooned — like the bush above it — with pilgrims' votive rags. The goal of the pilgrimage is the edge of the lake opposite Saints Island where one can still see the stones that formed the foundation of the wooden bridge that would have brought medieval pilgrims across to Station Island.

D-E Continue along the Forest road enjoying the scenic views over Lough Derg.

F-A The path continues full circle to the visitor centre where the walk began.



Termon Trails

THE PILGRIM WALK
Pettigo, Co. Donegal.

9.2km
Moderate
Lake Views, Scenic,
Nature, Pilgrimage



Adopt endores the principals of "Leave no Trace" - www.leavenotraceireland.org



Project supported by PEACE III Programme managed for the Special EU Programmes Body by Donegal County Council

In case of emergency call 999

We welcome feedback on your walking experience. Contact us at: adopt@eircom.net

www.pettigo.org

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