

Walk
No.
3&4



RATHMULLAN
THE WAY FORWARD

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| Trailhead | St. Catherine's Church, Legland, Rathmullan |
| Services | Full Services at Rathmullan Village, (ca. 4km) |
| Distance / Time | 2.5km / ca. 45 min & 5.5km / ca. 1.5 hours |
| Ascent / Descent | 61m/88m & 127m/129m |
| Difficulty | Moderate - To suit average levels of fitness |
| Terrain | Public roads |
| Theme of Trail | Country walk |
| Start / Finish Point | St. Catherine's Church, Legland, Rathmullan |
| Minimum Gear | Outdoor shoes, raingear, fluid, mobile phone |
| Map / Grid Ref | OS Discovery Sheet 2 / C 274 298 |

DIRECTIONS TO TRAILHEAD

St. Catherine's Church is situated in the townland of Legland, ca.4km NE of the beach car park at Rathmullan Pier. Exit left from car park (at Putting Green) and travel along Main Street for ca.500m, passing The Abbey, the Antique shop and finally the junction with Pound Street. Just past that junction veer right uphill off the main road, turning sharp right immediately onto a minor road, passing St. Columb's Church and shortly after St. Joseph's National School, both on your right. Continue on this undulating narrow road passing a water tower on your right after ca.3km, and travel downhill for the last 300m arriving at St. Catherine's Church. The trailhead board is located in the unmarked, gravelled car park on the wall surrounding the Church property.

These lovely, undulating short walks pass a great example of an 18th Century Mass Rock. They lead you clock-wise through Larch woodland that turn a fantastic yellow in autumn, open farmland with views of craggy mountains, and open views of Lough Swilly and Inishowen. Before getting back to the Church you encounter the ancient native woodland that is part of the Lough Swilly Special Area of Conservation.

WALK DIRECTION **Please take care on these trafficked public roads**

A-B Exiting the car park proceed **left** (west) of the church, following the undulating road you pass by a Larch wood. After you come down the very steep "Buck Brae" there is a worthwhile spur signposted on your left to the Mass rock (see picture). After ca. **250m** you have reached the house called "Croc an Aifrain".

You can **turn right** here to walk the shorter Legland Loop (B-E) and arrive back at the trailhead in ca. 1.8km / 30min.

B-C Continue on the Lurganboy loop, **keeping right** for ca.**900m**, until you reach the Elly Road turn off where you **turn right**.

C-D. Proceed along this quiet minor road for ca. **1.1km** through the townland of Elly. Enjoy the stunning views of the surrounding countryside and over to Inishowen. **Turn right** at the T-junction signed Rathmullan.

D-E. Follow the road for ca. **700m** as it slopes southward towards Crocknaglaggan Hill in front of you. After crossing "Shovelin's Bridge", continue for another ca. 450m to reach the Y-junction where the Legland Loop joins in from your right.

E-A Enjoy the rolling countryside for the next ca. 450m as it leads you through native woodland back to your starting point at St Catherine's Church.



For more information on the area and Donegal walking trails please see: www.rathmullan.ie
www.irishtrails.ie - www.letswalkdonegal.com - www.discoverireland.ie/things-to-do - www.coillte.ie



In case of Emergency call 999 or 112

For comments and suggestions about the trail please contact: Rathmullan The Way Forward Group, rathmullanthewayforward@gmail.com - phone 085 8860505 or Inga Bock, Rural Recreation Officer, ibock@dldc.org - phone 087 9318077



2.5 km & 5.5 km
Moderate
Public Minor Roads

- A** - St. Catherine's Church
- B** - 'Croc an Aifrain' turn off
- C** - Elly road turn off
- D** - T-junction signed Rathmullan
- E** - Y-junction signed for Church

Trailhead No.2 St Catherine's Church, Legland, Rathmullan, Co. Donegal

LEGLAND & LURGANBOY LOOPS

